<u>The Time Management Matrix - Template</u>

Th	he Time Management Matrix	
	Urgent	Not Urgent
Important		
Not Important		

Exercise: Prioritize your tasks using your personal time management matrix

- 1. Make a to-do-list of all tasks needing to be completed
- 2. Group tasks in the appropriate quadrants

The Time Management Matrix		
	Urgent	Not Urgent
Important	QUADRANT I Crises Pressing Problems Deadline-Driven Projects	QUADRANT II Prevention, PC Activities Relationship Building Recognizing New Opportunities Planning, recreation
Not Important	QUADRANT III Interruptions, some calls Some mail, some reports Some meetings Proximate, pressing matters Popular activities	QUADRANT IV Trivia, busy work Some mail Some phone calls Time wasters Pleasant activities